

HEALTH IN ITALY

The national health service is public and ensures the healthcare and protection of the health of all Italian and foreign citizens, without any difference in treatment.



HEALTHCARE IS EVERYONE'S RIGHT; HERE ARE THE STEPS FOR OBTAINING IT:

1. GO TO THE LOCAL HEALTHCARE AGENCY (ASL) IN THE AREA WHERE YOU HAVE RESIDENCE OR LIVE
2. ASK TO BE ENROLLED IN THE NATIONAL HEALTH SERVICE..... **REMEMBER to bring these documents with you:**
 - personal identity document
 - tax code
 - permit to stay
 - residence self-certification
3. WHEN YOU ARE ENROLLED, YOU WILL RECEIVE THE HEALTH CARD..... Once you have this, you can request health services that you need..
4. IMMEDIATELY CHOOSE YOUR GP This will be the doctor who'll be able to examine you and prescribe you specialist examinations and tests for free. You can choose by going to your ASL of residence.



For some health services, a payment (ticket) may be required.

You can, however, request an exemption (not paying the ticket for some services), if:

- you are in special income situations linked to age or social condition;
- you have certain diseases (chronic or rare);
- you have a recognised disability;
- you are in other special situations (pregnancy, early diagnosis of some tumours, HIV positive).

TEAM CARD: EUROPEAN SICKNESS INSURANCE CARD

All people enrolled in the national health service (SSN) who are resident in Italy and have Italian, EU, or foreign citizenship are issued with the TEAM (European sickness insurance card) card by the ASL they belong to.

The card allows citizens who are temporarily in another EU state, and in other countries that have agreements with Italy, to access health services of the host country under the same conditions as residents.




You can directly contact the health services of the host country by showing your health card in order to receive help. For highly specialised care overseas, you need authorisation from the health facility; it is not, therefore, enough just to present the TEAM card.

WHO TO CONTACT



EMERGENCY

• EMERGENCY DEPARTMENT:

intervenes in cases of serious urgency (accidents, wounds, work injuries and in any situation that endangers life). This service is found in all hospitals and is guaranteed 24 hours a day. You can go directly to the emergency department, or you can call the toll-free number  112.

• EMERGENCY MEDICAL SERVICE:

ensures medical assistance for urgent situations during the night or on public holidays, or those days preceding public holidays, to replace the GP or paediatrician.

BOOK AN APPOINTMENT

• **CUP** (single booking centre): is a desk for booking appointments and specialist assistance; in each region there is a toll-free number for booking the appointment.

Specialist assistance: concerns specialist medical appointments (ophthalmologist, audiologist, pulmonologist, cardiologist, etc.), analysis, x-rays, and therapies.

For each specialist service, you need your GP's request.

OTHER SERVICES

• **URP**: the public relations office is in the ASL or hospitals and helps you receive all the information concerning health-care facilities.

• FAMILY PLANNING:

a public health and social services facility that targets individuals and couples with a focus on the needs of women. All Italian citizens and foreign residents may access this service, but also those who are temporarily staying in Italy, even without enrolment in the national health service.

At family planning, you can receive information and some services, in particular:

- sex education
- obstetric and gynaecological examinations
- early diagnosis of tumours in the female genital area (Pap test)
- information and assistance for voluntarily terminating pregnancies
- assistance for pregnant women and birth training courses
- contraceptive prescriptions (methods for avoiding unwanted pregnancies)
- prevention of sexually transmitted infections and diseases

DUTIES

• VACCINATIONS

In Italy, you must vaccinate your children against certain illnesses (tetanus, diphtheria, polio, Hepatitis B); these vaccines are free.



Project co funded by



Contents developed within the project
"Engaging Pakistani Diaspora in Italy for
promoting Decent Work in Pakistan"



ANOLF Piemonte thanks "Fondo di Beneficenza ed opere di carattere sociale e culturale" - Intesa Sanpaolo