

# YOUNG PEOPLE AND THE EMPLOYMENT WORLD

Are you young and looking for work?  
Here are four tools that can help you.



## 1 JOB CENTRES

These are public facilities spread throughout Italy that put unemployed people in contact with potential employers.

To access the services offered by CPIs, you must first declare that you are unemployed through the Statement of Immediate Availability to Work (DID), which can be completed through the <https://myanpal.anpal.gov.it/myanpal/> or by going to a CPI.

In addition to the Job centres, you can also contact employment agencies (APL), private parties authorised by the Ministry of Labour and Social Policies.

## 2 APPRENTICESHIP

apprenticeship is a permanent employment contract that provides not only for payment but also for a period of training.

### Between 15 and 25 years

You can sign an apprenticeship contract to obtain:

- a qualification
- a professional or upper secondary education diploma
- a technical high school specialisation certificate.

### Between 18 and 29 years

You can sign an apprenticeship contract:

#### • for professional training

it lasts 3 years (or 5 in the artisan sector)

#### • for higher training and research, to obtain:

- a university qualification
- a specialisation at the higher technical institutes (ITS)
- completion of the process for setting up in private practice (e.g. as a lawyer).

## 3 INTERNSHIPS

Internships are a period of training and orientation in which you will get to know the employment world directly and that will help you understand what work you want to do. An internship is not an employment relationship.

### Without age limits

You can undertake an internship even if you are:

- requesting asylum;
- a refugee;
- the victim of violence or serious exploitation by criminal organisations;
- the holder of a permit to stay for humanitarian purposes;
- unemployed or you receive income support (unemployment benefit, etc.)
- included in the categories of disadvantaged people stipulated by Law 381/1991

**Length:** from 2 to 12 months

**Payment** if extra-curricular (undertaken outside of university or school), not less than € 300 / month, as long as you have completed at least 70% of the stipulated hours.

## 4 THE CIVIL SERVICE

This is carried **out one time only** on a voluntary basis, including by foreigners who are legally residing in Italy **aged between 18 and 28 years old**.

You may carry out the following activities: care, social utility, protection of the environmental heritage, cultural promotion, human rights and development cooperation at some partner organisations.

This service is not considered an employment relationship; it is, therefore, **compatible with being unemployed**.

Durante il periodo di servizio civile, è solitamente previsto:

- A monthly stipend of € 439.50;
- Recognition of training credits for university studies;
- Accumulation of social security contributions.

If you are under 15 years of age you cannot work, except for work in the cultural, artistic, sports, advertising, and entertainment sectors.

If you are between 15 and 18, you cannot perform work that may harm your health and psycho-physical development.

## STUDYING AND WORKING

If you are in Italy with a residence permit to study, you may carry out subordinate work activities for no more than 20 hours per week.

If you have a residence permit for study, if you obtain a bachelor's degree, master's degree, doctorate, or university master's degree, you can request to be converted into employment (subordinate or self-employed), without considering the quotas provided for by the Flows Decree.

If you don't have a job, you can register with the Employment Centre for a period not exceeding 12 months and apply for a permit to wait for employment.

## GLOSSARY



- **Job centres (CPIs)** are public facilities spread throughout Italy that put unemployed people in contact with potential employers.
- **(Migration) Flow Decree:** Every year, the Italian government can establish the maximum number ("entry quotas") for non-EU foreign citizens who can enter Italy for employment, self-employment, and seasonal work purposes, through the Flow Decree..
- **Disadvantaged People** defined by Law 381/1991: physical, mental or sensory impairments, ex-psychiatric hospital patients, parties receiving psychiatric treatment, addicts, alcoholics, minors of working age living in difficult family situations, people who have been detained or convicted and admitted to alternative measures to imprisonment.

## USEFUL CONTACTS



**GARANZIA GIOVANI:**

<https://garanziagiovani.anpal.gov.it/>

**CIVIL SERVICE:**

<https://www.politichegiovani.gov.it/>

Project co funded by



Contents developed within the project  
"Engaging Pakistani Diaspora in Italy for  
promoting Decent Work in Pakistan"



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ANOLF Piemonte thanks "Fondo di Beneficenza ed opere di carattere sociale e culturale" - Intesa Sanpaolo